



PIAA District 6

2022 AAA TRACK AND FIELD CHAMPIONSHIPS

DATES:

AAA BOYS AND GIRLS THURSDAY, MAY 19, 2022 3:30 pm
Rain Date: TBA

SITE:

Mansion Park Stadium, Altoona, PA **GPS:** 414 North Logan Blvd. Altoona, PA 16602

ADMISSION:

Watch for announcements as to whether tickets will be sold at the gate or online.

TEAMS AND COACHES ARE TO ENTER THE MAIN GATE AND WILL BE HAND STAMPED.

PIAA STATE MEET INFORMATION:

Please check the PIAA website for the State Meet Memorandum for meet information as the format of the 2021 Championships has changed.

COACHES: Please remember to turn in **SCRATCH SHEETS** and **RELAY SHEETS** before leaving Mansion Park. Turn them in at the tent area. Remember to sign them.

COACHES MEETING: 2:40 pm on the field / bench area

2022 AAA DISTRICT 6 TRACK AND FIELD CHAMPIONSHIPS **GENERAL INFORMATION AND MEET RULES**

1. Spikes must be ¼" or smaller. The clerk and starters will check all spikes. Any individual wearing illegal spikes will be issued a warning and be required to make them legal before competing further. Failure to do so or a second violation will lead to disqualification from the event.
2. **ALL COACHES AND COMPETITORS MUST STAY OUTSIDE THE FENCE AREA.** Competitors will warm up off the track. Only those competitors who are in announced events will be allowed in the track and field areas. Once a competitor is eliminated, they must leave the track area. One (1) coach only is permitted in the designated coaching box area for jumping events.
3. There will be trials and finals in the 100M, 200M, 100LH, and 110HH. The eight (8) fastest F.A.T. times will advance to the finals. All other events will be determined by time – fast heat last.
4. In the shot put, discus, javelin, long jump, and triple jump, there will be three (3) trials. The top nine (9) will advance to the finals for three (3) more attempts.

5. Competitors excused to compete in another event will have a maximum of ten (10) minutes from the time they are excused until they must make themselves available for their next trial.
6. Competitors may use their own implements in the throwing events. Weigh-ins for **ALL** implements will be held prior to the event at a time / place to be announced at the meet.
7. Approved footwear for the javelin includes: javelin boots with ¼” spikes, all-purpose shoes, soccer shoes, or any other approved footwear that does not include metal cleats or metal tipped cleats.
8. Only the starting blocks provided by District 6 may be used.
9. A competitor officially becomes a participant when he/she or a relay team of which they are a member reports to the clerk of course or the judge of a field event in which they are entered.
10. No marks are to be used on the track or runways. Use tape only.
11. Banners, signs, portable radios, stereos, whistles, and noise makers are prohibited.
12. **Athletes are not to bring cell phones, headphones, or other music/gaming devices inside the fence area.**
13. Unsportsmanlike and/or unacceptable behavior will be reported to the District 6 Committee and the school’s principal.
14. Please review the uniform rule with your athletes. Uniforms must be school issued or approved. **IT IS STRONGLY ADVISED THAT YOU CONFIRM THAT YOUR RELAY TEAMS ARE IN UNIFORMS THAT ARE EXACT IN EVERY WAY PRIOR TO CHECKING IN FOR THE RELAY EVENTS.**
15. **EACH SCHOOL MUST provide (2) student helpers for a boys AND girls field event.** Assignments will be given to you at the coaches meeting.
16. Pole vault verification forms should be hand delivered at the weigh-ins. DO NOT MAIL THE FORM.
17. National Federation of State High Schools track and field rules will be followed.

<p>LIVE RESULTS: Link will be provided at the coaches meeting.</p>

2022 AAA DISTRICT 6 TRACK AND FIELD CHAMPIONSHIPS

ENTRY PROCEDURE

ENTRIES: Make sure you are entering the correct classification – AAA, **not AA**.

CONFIRM: – All times / distances must have been achieved during the **2022 outdoor season** in a meet officiated by a registered PIAA official. **No split times may be used. Indoor season times / distances are not permitted.**

Entry is through the MileSplit online entry portal. Access the District 6 AAA meet via the calendar option at PennTrackXC.com

EXAMPLE ENTERING TIMES – Athlete runs hand held 11.23 Round to 11.3 Convert to FAT=11.54 You then enter 11.54 **REMEMBER** – You are always adding 0.24 to a hand held time.

PLEASE NOTE:

1. You may enter three (3) per individual events and one (1) relay. There are no standards.
2. Please use FAT times when entering. Dual meet times / distances are permitted. Round up hand held times to the nearest tenth then add 0.24. All times and distances must be proven if challenged by another school.
3. Each school is responsible for the correctness of their entries. Correct spelling is the coach's responsibility as the program is generated from this information.
4. Deadline to enter athletes: **Tuesday, MAY 17, 2022 7:00 PM. THERE ARE NO REPLACEMENTS OF ATHLETES.**

PLEASE DO NOT ASK TO MAKE CHANGES TO YOUR LINEUP AFTER THE DEADLINE REGARDLESS OF THE CIRCUMSTANCES. AGAIN, YOU MAY SCRATCH ATHLETES BUT THERE ARE NO REPLACEMENTS.

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PAYMENT PROCEDURE

ENTRY FEE:

Number of athletes X \$10.00

Count the number of athletes you have entered including all eligible relay members. Take the total number of athletes you are bringing X \$10.00. That is your amount due.

DO NOT refer to the MileSplit PennTrackXC website to confirm number of athletes entered to determine amount owed. Their numbers and information are inaccurate and incorrect.

MAKE CHECK PAYABLE TO: DISTRICT VI, PIAA

**HAND DELIVER CHECK AT THE COACHES MEETING
DO NOT MAIL**

***** REMEMBER - THERE ARE NO LATE PHONE ENTRIES AND THERE ARE
NO NEW ENTRIES AT THE MEET*****

2022 AAA DISTRICT 6 TRACK AND FIELD CHAMPIONSHIPS / SCHOOL ENTRY FEE

SCHOOL NAME _____ Class AAA

TOTAL NUMBER OF ATHLETES _____ (Boys and girls combined)

ENTRY FEE _\$ _____ (Total of athletes X \$10.00)